

## Getting Help in a Crisis

Dr. Marlo Archer 1237 W. Auburn Dr. Tempe, AZ 85283 480-705-5007 drmarlo.com

Life-Threatening Emergency	911	Police
Urgent Crisis	602-222-9444	County-Wide Crisis Line – ABS/VO
Routine Problem	480-705-5007	Dr. Marlo Archer

If you have a ROUTINE question, request, or comment, please call 480-705-5007 at any time, day or night, and leave a message for Dr. Marlo Archer. That number rings first at my cell phone, then transfers to my business phone if the cell phone is busy, then transfers to voice mail if the business phone is busy. The voice mail message is LONG. To skip it and record your own message to me, hit # at any time during my message. Record your message, then press 1 to stop recording. When it asks whether you want to deliver your message with normal or urgent delivery, just select "normal." Pressing "urgent" doesn't really do anything.

Messages are checked frequently between the hours of 8 a.m. and 8 p.m. If you leave a message during those hours, your call will be returned as soon as possible, usually within a few hours. If you call very late in the evening, please indicate whether it would be okay to call you back in the morning or if you really would like a call back that night. Please mention what time is too late for me to be returning your call.

If I have not returned your call within 12 hours, please call again because it is likely that something went wrong and I didn't get your message.

You may find helpful information on our website at www.drmarlo.com.

For an URGENT CRISIS that is not life-threatening, try Dr. Archer first, but if you don't get a call back quickly enough, you can use the County-Wide Crisis Line at 602-222-9444. It is a 24-hour emergency service that is not affiliated with Down to Earth. They can direct you to emergency care if needed.

## IN THE CASE OF A LIFE-THREATENING EMERGENCY ALWAYS CALL 911 FIRST

EXAMPLES – BY NO MEANS DOES THIS INCLUDE EVERYTHING, THESE ARE JUST GUIDELINES				
Life-Threatening	Urgent	Routine		
Your drunk 16-year-old son is waving a knife at you and screaming, "I'm gonna kill you!!!"	Your angry 16 year-old son is playing with a knife while he tells you how unfair you are.	Your upset 16-year-old says he's not gonna stay grounded no matter what you say.		
Your 9-year-old son causes physical damage to himself trying to kill or hurt himself.	Your 9-year-old has been screaming for 4 hours and finally says he's gonna kill himself.	Your 9-year-old screams out that he hates you and wishes he was never born.		
Your 13-year-old has lost 20 pounds, her clothes are too loose, and she passes out.	Your 13-year-old hasn't eaten in 3 days.	Your 13-year-old says she's skipping all her meals today because she's too fat.		
Your teen doesn't come home at all overnight or in the morning.	Your teen storms out of an argument with a packed bag.	Your angry teen says he's gonna run away		

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