



## State of Arizona Client Rights

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ALL CLIENTS WILL BE GRANTED THE FOLLOWING BASIC RIGHTS:

The right to refuse treatment.

A written copy of client rights shall be given to each client to review at the time of initial intake. The client has the right to be informed of all rights in the client's primary language. Client signature shall be requested on the written statement of client rights to verify review and comprehension. In the event the client acknowledges lack of understanding of these rights, explanation shall be given in a language that the client understands prior to his/her signature. Upon request, a copy of the client rights statement shall be given to the client during the initial intake session.

The right to treatment and services under conditions that support the client's personal liberty and restrict such liberty only as necessary to comply with treatment needs. The right to freedom from restraint or seclusion. Restraint and seclusion may only be used in situations where there is imminent danger that the client will injure himself or others, and all other less restrictive methods of control have been exhausted. The right to a humane treatment environment that affords reasonable protection from harm, appropriate privacy, and freedom from verbal and physical abuse. The right not to be subjected to remarks which ridicule them or other clients.

The right to an individualized, written treatment plan to be developed promptly after admission; treatment based on the plan; periodic review and reassessment of needs; and appropriate revisions of the plan including a description of the services that may be needed for follow-up. The right to ongoing participation in the planning of services to be provided as well as participation in the development and periodic revision of the treatment plan, and the right to be provided with a reasonable explanation of all aspects of one's condition and treatment.

The right not to be required to participate in experimentation without the client's informed, voluntary, written consent; the right to appropriate protection associated with such participation and the right and opportunity to revoke such consent.

The right to confidentiality of records. The right to access, upon request, to his own client records in accordance with State Law.

The right to assert grievances with respect to infringement of these rights, including the right to have such grievances considered in a fair, timely, and impartial procedure. If the action taken on behalf of a client regarding the violation of the client's rights is unfavorable, insufficient, or not forthcoming within a reasonable time, the client or his representative may appeal to the Arizona Department of Behavioral Health Licensure. The right to legal counsel and all other requirements of due process.

The right to all available services without discrimination because of race, creed, color, sex, age, handicap, national origin, or marital status and the right to referral, as appropriate, to other providers of behavioral health services.

The right to exercise his/her civil rights, including, but not limited to, the right to register and vote at elections, the right to acquire and dispose of property, execute instruments, enter into contractual relationships, to marry and obtain a divorce, to hold professional or occupational or vehicle operator's licenses, unless he/she has been adjudicated incompetent or there has been a specific finding that such individual is unable to exercise the specific category of rights. In the case of a client adjudicated incompetent, these rights may be devolved to the client's guardian, if so specified by the Court.

Regarding medications, all clients receiving services in a licensed behavioral health service agency have a right to be free from unnecessary or excessive medication. Medication shall not be used as a punishment, for the convenience of the staff, or as a substitute for treatment services, or in quantities that interfere with the client's treatment program.

The right to be informed, in advance, of charges for services.

The right to not be exploited or required to make public statements acknowledging gratitude to the program or perform at public gatherings.

The right to a smoke free environment.

Photographs of a client shall not be used without written consent from the client and the client's parent or guardian. Before any such pictures are used, a dated and signed consent form indicating how they will be used shall be placed in the client's record.

Clients shall be allowed to wear their own clothing unless contraindicated by the treatment plan or agency policy. Training and assistance in the selection and proper care of clothing shall be available. Clothing shall be suited to the climate. Clothing shall be in good repair, of proper size, and similar to the clothing worn by the client's peers. Agencies may establish dress codes.

Discrimination prohibited pursuant to A.R.S. 36-506 and R9-21-101 (B): Persons undergoing evaluation or treatment pursuant to this chapter shall not be denied any civil right, including, but not limited to, the right to dispose of property, sue and be sued, enter into contractual relationships and vote. Court-ordered treatment or evaluation pursuant to this chapter is not a determination of legal incompetence, except to the extent provided in section 36-512.

A person who is or has been evaluated or treated in an agency for a mental disorder shall not be discriminated against in any manner, including, but not limited to: seeking employment, resuming or continuing professional practice or previous occupation, obtaining or retaining housing, obtaining or retaining licenses or permits, including but not limited to, motor vehicle licenses, motor vehicle operators and chauffeurs licenses and professional or occupational licenses. "Discrimination" for purposes of this section means any denial of civil rights on the grounds of hospitalization or outpatient care and treatment unrelated to the person's present capacity to meet the standards applicable to all persons. Applications for positions, licenses, and housing shall contain no requests for information which encourage such discrimination.

Upon discharge from any treatment or evaluation agency, the client shall be given written notice of the provisions of this section.

I HAVE RECEIVED A COPY OF THESE RIGHTS AND UNDERSTAND THEM.

Client ID#:	_____		
Client Print	_____	Sign	Date _____
Guardian Print	_____	Sign	Date _____
Witness	_____	Sign	Date _____

## CLIENT RIGHTS EXPLAINED

You have the right to hear about your rights and about your treatment in language you can understand.

You are entitled to a copy of your rights.

You deserve to hear about the prices before we start.

You can refuse treatment at any time.

Treatment that is appropriate for one person may not be appropriate for another. However, your access to treatment is not going to be limited by anything like your gender, race, age, handicap, national origin, etc. If you need something I don't provide, I'll refer you to someone else.

Your freedom is not going to be restricted unless you pose a serious danger to yourself or others.

Although treatment might occasionally be very difficult or unpleasant, it should never be harmful, abusive, or excessively dangerous.

Your privacy is very important. We will work to protect it and will not require you to do anything that will blatantly violate your own privacy.

Your records will be held confidential unless a specific reason or permission allows for records to be shared.

Together we will devise a treatment plan especially for you. We will keep it current and we will use it to guide treatment.

You may be asked to participate in some sort of research, but you can certainly decline without any sort of penalty.

We don't give any medications here, but you should know that you have a right to be free from excessive medication.

Your basic civil rights should not be influenced by your participation in treatment.

You have the right to complain about me. I suggest you call Arizona Board of Psychologist Examiners at 602-542-8162 or consult their website at: <http://www.psychboard.az.gov>.